**Resources for Eco-Living**

**Refuse, Reduce, Refill, Repair, Restore, Reuse, Repurpose, Research, Recycle, Respect, Rejoice**

**Carbon Footprint Calculators:**

<https://coolclimate.berkeley.edu/calculator>

<https://www3.epa.gov/carbon-footprint-calculator/>

**Local Government Climate Action Activities**

<https://www.facebook.com/groups/MCFACS/permalink/1078687236284239/?sfnsn=mo&ref=share>  Six-year-old Daniel and his mom, Tina Arreaza, ask Montgomery County Public Schools BOE to commit MCPS to the county’s Climate Action Plan goals of 80 percent greenhouse gas reduction by 2027 and 100 percent by 2035.

<https://www.montgomerycountymd.gov/green/climate/climate-action-planning.html> Montgomery County Climate Action Plan goals of 80 percent greenhouse gas reduction by 2027 and 100 percent by 2035.

<https://www.rockvillemd.gov/2329/Climate-Action-Plan>

Rockville Climate Action Plan goals of 80 percent greenhouse gas reduction by 2027 and 100 percent by 2035.

**United Church of Christ Earth Care**

<https://www.ucc.org/what-we-do/justice-local-church-ministries/justice/faithful-action-ministries/environmental-justice/>

<https://www.ucc.org/what-we-do/justice-local-church-ministries/justice/faithful-action-ministries/environmental-justice/divesting_from_fossil_fuel_companies_and_shareholder_activism/>

**Presbyterians for Earth Care**

<https://presbyearthcare.org/>

**Rockville United Church**

<https://www.rockvilleunitedchurch.org/green>

**The Many Things We Can Do:**

<https://www.epa.gov/climate-change>

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-do-more>

<https://www.treehugger.com/easy-green-resolutions-every-month-year-4853556?utm_campaign=treehugger&utm_medium=email&utm_source=cn_nl&utm_content=26232851&utm_term=>

Suggestions for a green resolution each month.

<https://www.ted.com/talks/katharine_hayhoe_the_most_important_thing_you_can_do_to_fight_climate_change_talk_about_it>

Talk about climate change.

<https://www.ted.com/talks/greta_thunberg_the_disarming_case_to_act_right_now_on_climate_change>

Greta Thunberg talks about acting now.

<https://zerowastememoirs.com/baby-step-22-zero-waste-to-go-kit/>

Make a zero waste to go kit.

<https://www.treehugger.com/renewable-energy-sees-strong-growth-but-not-enough-5214399?utm_campaign=treehugger&utm_medium=email&utm_source=cn_nl&utm_content=26205095&utm_term=>

<https://www.treehugger.com/easy-green-resolutions-every-month-year-4853556?utm_campaign=treehugger&utm_medium=email&utm_source=cn_nl&utm_content=26324599&utm_term=>

Easy green resolutions every month of the year.

<https://buynothingproject.org/>

Buy nothing new project.

<https://www.treehugger.com/repair-cafes-place-meet-up-and-mend-4865905>

Repair and mend cafes.

<https://www.treehugger.com/sustainability-podcasts-worth-a-listen-5191440?utm_campaign=treehugger&utm_medium=email&utm_source=cn_nl&utm_content=26285356&utm_term=>

<https://www.popsci.com/environment/article/2009-03/top-ten-greenhouse-gases/>

Top ten greenhouse gases.

**Energy Use**

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-energy>

<https://presbyearthcare.org/green-building-and-energy-efficiency/>

Green buildings and energy efficiencies.

**Electronics**

<https://www.universityofcalifornia.edu/longform/your-smartphone-s-hidden-history>

Your smartphone’s hidden history.

<https://www.scientificamerican.com/article/electronics-industry-contributes-new-greenhouse-gas/>

Electronics and greenhouse gas.

<https://www.techrepublic.com/article/global-e-waste-is-up-21-in-5-years-causing-serious-environmental-harm/>

Increased e-waste.

<https://www.theguardian.com/commentisfree/2018/jul/17/internet-climate-carbon-footprint-data-centres>

Our phones and gadgets are now endangering the planet

<https://theconversation.com/how-smartphones-are-heating-up-the-planet-92793>

Smartphones and global warming.

<https://www.anthropocenemagazine.org/2018/04/the-energy-hogging-dark-side-of-smartphones/>

The dark side of smartphones.

<https://www.epa.gov/international-cooperation/cleaning-electronic-waste-e-waste>

E-waste.

**Actions at Home**

<https://www.treehugger.com/methane-emissions-gas-stoves-climate-impact-5217155?utm_campaign=treehugger&utm_medium=email&utm_source=cn_nl&utm_content=26514018&utm_term=>

Methane emissions from gas stoves have climate impact of 500,000 cars.

<https://mygreenmontgomery.org/2022/15-energy-saving-tips-for-homeowners/>

<https://www.smallfootprintfamily.com/37-ways-to-reduce-trash>

<https://www.treehugger.com/zero-voc-interior-paints-renovation-healthy-home-4858785>

Zero VOC paints.

<https://www.treehugger.com/how-to-go-green-in-the-bathroom-4857311>

<https://www.treehugger.com/cosmetics-companies-refillable-packaging-4858505>

<https://www.smallfootprintfamily.com/green-cleaning-recipes>

Green cleaning recipes.

<https://mygreenmontgomery.org/2021/bring-some-vegan-and-cruelty-free-actions-into-your-home-in-2022/>

<https://www.1millionwomen.com.au/blog/5-essentials-zero-waste-shopping-kit/>

Zero waste shopping.

<https://www.treehugger.com/things-you-should-refill-instead-tossing-4867650>

<https://www.treehugger.com/best-eco-friendly-school-supplies-5198477>

<https://www.universityofcalifornia.edu/longform/how-go-green-without-really-trying>

How to go green without really trying.

<https://www.treehugger.com/how-to-create-less-waste-during-the-holidays-4861186>

<https://www.treehugger.com/ways-stop-creating-unnecessary-trash-4862295>

Ways to stop creating unnecessary trash.

<https://www.treehugger.com/loop-could-be-major-packaging-shift-weve-been-waiting-4867673>

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-waste>

<https://www.amazon.com/101-Ways-Go-Zero-Waste/dp/1682683311>

101 ways to go zero waste.

<https://www.1millionwomen.com.au/blog/5-essentials-zero-waste-shopping-kit/>

**Recycling and Wishcycling**

<https://mygreenmontgomery.org/2018/keep-recyclables-clean/?utm_source=website&utm_medium=banner&utm_campaign=RRR2019&utm_content=recycleright>

<https://economicallyemily.com/2020/01/04/why-recycling-is-not-the-answer/>

Recycling is not the answer.

<https://www.treehugger.com/why-we-all-need-stop-wishcycling-4856133>

If in doubt, leave it out.

<https://www.treehugger.com/recycling-symbols-decoded-4864145>

<https://www.epa.gov/facts-and-figures-about-materials-waste-and-recycling/national-overview-facts-and-figures-materials>

<https://www.treehugger.com/zero-waste-does-not-have-to-be-expensive-5118479>

<https://www.treehugger.com/light-bulb-recycling-5206232>

<https://www.treehugger.com/can-you-recycle-packing-peanuts-5202952>

Recycling packing peanuts.

<https://www.treehugger.com/reasons-repair-instead-recycling-or-replacing-4853560>

**Food and Food Waste**

<https://www.treehugger.com/tips-for-starting-a-plant-based-diet-4861092>

<https://www.universityofcalifornia.edu/news/how-your-diet-affects-climate-change>

How your diet affects climate change.

<https://mygreenmontgomery.org/blog/>

<https://www.treehugger.com/food-waste-environmental-impact-5211807>

<https://www.treehugger.com/how-composting-changed-life-5207213>

<https://www.smallfootprintfamily.com/100-things-you-can-compost>

100 things you can compost.

<https://www.smallfootprintfamily.com/10-things-you-should-not-put-in-compost-pile>

<https://www.treehugger.com/complete-plant-based-cookbook-review-5120351>

<https://www.treehugger.com/zero-waste-chef-cookbook-review-5180626>

**Water Use**

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-water>

<https://www.smallfootprintfamily.com/why-do-we-need-to-filter-water>

**Paper Use**

<https://www.smallfootprintfamily.com/stopping-junk-mail>

<https://www.treehugger.com/how-avoid-using-paper-towels-4858148>

Disposable paper products, such as paper towels account for more than one-quarter of landfill waste. Suggestions for alternatives to paper towels.

<https://www.theworldcounts.com/stories/Paper-Waste-Facts>

**Plastic Use and Waste**

<https://www.npr.org/2022/01/10/1070161261/reduce-plastic>

<https://www.treehugger.com/easy-ways-reduce-your-plastic-waste-today-4858814>

Much of the plastic that’s polluting the oceans is microplastics, tiny chunks that are next to impossible to filter out. These plastics can come from bigger items breaking down, but they are also commonly added to consumer products like face wash and toothpaste. These little beads are intended to be exfoliators, but many wastewater treatment facilities aren’t able to stop them. There are many biodegradable alternatives, so avoid items with “polypropylene” or “polyethylene” on the ingredients list or consider making your own.

<https://www.treehugger.com/plastics-are-collected-not-recycled-new-report-finds-4865275>

<https://myplasticfreelife.com/2016/04/buying-and-storing-meat-without-plastic/>

<https://www.biome.com.au/blog/reusable-bread-bag/>

<https://www.treehugger.com/why-you-should-kick-plastic-straw-habit-4867958>

<https://www.treehugger.com/simple-ways-reduce-plastic-waste-4864193>

Gum was originally made from tree sap called chicle, a natural rubber, but when scientists created synthetic rubber, polyethylene and polyvinyl acetate began to replace the natural rubber in most gum. Not only are you chewing on plastic, but you may also be chewing on toxic plastic — polyvinyl acetate is manufactured using vinyl acetate, a chemical shown to cause tumors in lab rats. While it is possible to recycle your gum, it may be best to skip it — and its plastic packaging — altogether.

<https://www.treehugger.com/plastic-waste-takeout-big-problem-what-you-can-do-5190573>

<https://www.treehugger.com/carbon-footprint-of-plastic-way-higher-than-thought-5212191>

<https://www.treehugger.com/simple-ways-reduce-kitchen-plastic-5176506>

<https://www.nationalgeographic.com/science/article/plastic-produced-recycling-waste-ocean-trash-debris-environment>

<https://www.greenpeace.org/usa/news/u-s-companies-use-misleading-recyclable-labels-on-hundreds-of-plastic-products/>

Misleading recycling labels on plastic.

<https://www.universityofcalifornia.edu/news/83-billion-metric-tons-plastic-and-counting>

How do we break our addiction to plastic?

**Clothing and Textiles**

<https://www.treehugger.com/textile-recycling-5203438>

<https://www.everydaycheapskate.com/use-wool-dryer-balls/>

**Transportation — Planes, Trains, and Automobiles**

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-transportation>

**Environmental Justice**

<https://www.epa.gov/climate-change/what-you-can-do-about-climate-change-environmental-justice-ej>

<https://presbyearthcare.org/faith-based-eco-justice-organizations/>

**Divesting from Fossil Fuels**

<https://www.ucc.org/gs2013-fossil-fuel-divestment-vote/>

<https://www.fossilfreepcusa.org/>

<https://www.forbes.com/sites/davidcarlin/2021/02/20/the-case-for-fossil-fuel-divestment/?sh=83ba5f476d22>

**Miscellaneous**

<https://www.bbc.com/news/world-asia-57018837>

Global greenhouse gas emissions, by country

<https://www.universityofcalifornia.edu/longform/where-do-greenhouse-gas-emissions-come>

Where do greenhouse gas emissions come from?